This Nationally recognized certificate helps to maximize your effectiveness as a safety manager and leader. Learn to use your knowledge of best practices to take your safety program and career to a powerful level. Complete the Principles of Occupational Safety & Health course and earn 5.2 additional CEUs by taking a mix of the following courses. All courses must be completed within a five-year period.

1. Complete **Principles of Occupational Safety & Health (POSH)** 2.6 CEUs
   Nationally recognized safety curriculum based on proven best practices. Develops critical thinking skills to effectively address safety issues. Learn to identify hazards and implement corrective actions.
   - **December 12-16, 2022**  
     Chesapeake Region Safety Council in Baltimore, MD
   - **January 23-26, 2023**  
     Virtual Instructor Led Training (VILT)

2. Choose from the 8 elective courses listed below to earn a minimum of 5.2 additional CEUs

   - **Safety Training Methods (STM)** 2.6 CEUs
     - **January 9-12, 2023**  
       Chesapeake Region Safety Council in Baltimore, MD
   - **Safety Management Techniques (SMT)** 2.6 CEUs
     - **March 27-30, 2023**  
       Virtual Instructor Led Training (VILT)
     - **July 17-20, 2023**  
       Chesapeake Region Safety Council in Baltimore, MD
   - **Fundamentals of Industrial Hygiene (FIH)** 2.6 CEUs
     Dates TBD
   - **Team Safety** .65 CEUs
     - **January 30, 2023**  
       CRSC in Baltimore, MD
     - **April 3, 2023**  
       Virtual Instructor Led Training (VILT)
   - **Incident Investigation** .65 CEUs
     - **January 31, 2023**  
       CRSC in Baltimore, MD
     - **April 4, 2023**  
       Virtual Instructor Led Training (VILT)
   - **Safety Inspections** .65 CEUs
     - **February 1, 2023**  
       CRSC in Baltimore, MD
     - **April 5, 2023**  
       Virtual Instructor Led Training (VILT)
   - **Job Safety Analysis** .65 CEUs
     - **February 2, 2023**  
       CRSC in Baltimore, MD
     - **April 6, 2023**  
       Virtual Instructor Led Training (VILT)
   - **Ergonomics Managing for Results** .65 CEUs
     - **February 3, 2023**  
       CRSC in Baltimore, MD
     - **April 7, 2023**  
       Virtual Instructor Led Training (VILT)

For more information, visit www.chesapeakesc.org
Email us at safety@chesapeakesc.org
Call our staff at 800-875-4770

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