

Best Practice Challenge: **Ergonomics**

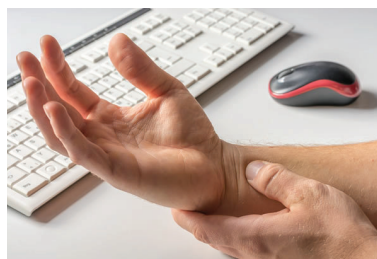
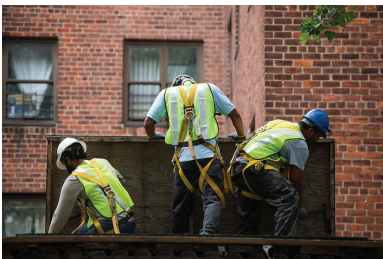
Overexertion and repetitive motion cause Musculoskeletal Disorders (MSDs)

**Creating 35 % of all
work-related injuries**

**Costing over \$15 Billion in
Workers Compensation Costs**

**Resulting in more than 322,000
workers miss work due to
overexertion**

**Accounts for the #1 reason
for lost work days**



Attendees:

- Identify steps to implement a successful ergonomics program at your workplace
- No charge to attend
- Network with seasoned safety professionals
- All attendees vote on best practice presentation and are entered to win a prize
- Enjoy lunch sponsored by **CINTAS**

The Solutions:

- Identify steps to implement a successful ergonomics program at your workplace
- Opportunity for your company to present your Ergo Best Practices by sharing challenges and solutions in form of a poster/table presentation
- Network with seasoned safety professionals
- Short impact session presentations from subject matter experts

Call for Presenters:

- Free Presentation space of 6' x 6' includes one 6' table and 2-3 chairs
- Company name presented in CRSC advertising for event
- Opportunity to promote solutions to ergo challenges and showcase companies best practices
- Each company presenting receives a free course registration for one employee
- Opportunity to WIN one of several ergo best practice categories

Registration Form- Please FILL OUT the Course Info Below:

Class Name: BCERGO Class Date: (month/day/yr) 09 /20 /2019

Location: (city, state) Baltimore, MD

Student Name(s): _____

Company: _____ Email: _____

Address: _____ City, State, Zip: _____

Phone #: _____ Fax #: _____

Presenters: Space is limited, please call Kim Beard to register 410-298-4770

You can mail this form to:

Chesapeake Region Safety Council - 2555 Lord Baltimore Drive, Suites N-R, Baltimore, MD 21244

Call to register: 800-875-4770

Fax: 410-281-1350

Register online: at www.chesapeakeesc.org

