

When & Where:

Class Time: 7:30am - 4:30pm

April 1-5, 2019 ABC-VA Chapter 5505 Robin Hood Road,
Ste. D, Norfolk, VA 23513

May 6-10, 2019 Chesapeake Region Safety Council - 2555 Lord Baltimore Drive,
Suites N-R, Baltimore, MD 21244

June 24-28, 2019 ABC-VA Chapter - 1600 E Parham Rd Richmond, VA 23228

Learn How to Effectively Submit:

Accident Prevention Plan (APP) Learn how to properly prepare a site-specific APP – this plan must be very detailed and address the management processes that will be used to prevent hazards from being present in all phases of the contract. Activity Hazard Analysis (AHA) forms require contractors to take an extremely proactive approach by anticipating and controlling hazards prior to an accident occurring- defining the activity being performed, and identifying the work sequence, specific hazards anticipated, and the control measures to be implemented to eliminate or reduce each hazard to an acceptable level.

Attendees receive an OSHA 30-Hour Construction Safety Card in addition to a Certificate of Completion of a 40-hour EM 385 1-1 issued by the Chesapeake Region Safety Council.

Topics Include:

- **Jobsite Inspections and Employee Training**
Weekly safety meetings must be relevant to the work that a crew is performing on the job at that time. EM-385 1-1 requires that a contractor quality control person shall conduct and document daily safety inspections.
- Site Safety Health Officer's qualifications and responsibilities
- Incident response and reporting procedures
- Fall Protection
- Ladders/Stairs
- Aerial Lifts
- Steel Erection
- Scaffolds
- Electrical Safety
- Lockout/Tagout
- Excavation
- Demolition
- Diving Operations



This 40-hour class is designed specifically for contractors, military, and government employees, doing business with the US Navy, NAVFAC, US Army Corps of Engineers and other government agencies that require EM 385 training

Price:

\$850 includes Student Materials, Continental Breakfast and Lunch
**Discount for companies registering 5 more employees

Course Materials Include:

EM 385-1-1 Safety and Health Manual, OSHA CFR 1926 Construction Regulations, Student Manual Also CD provided for every student includes: Activity Hazard Analysis (AHA) over 50 completed samples, Checklist consisting of over 60 topics to help meet requirements of EM 385 1-1, NIOSH Pocket Guide to Chemical Hazards, Toolbox Safety Topics – 170+, Federal Acquisition Regulation Parts 1-50, NAVFAC Safety Handbook, EM 385 1-1 Safety and Health Manual and OSHA CFR 1926 Construction Regulations

Registration Form- Please FILL OUT the Course Info Below:

Class Name: EM 385-1-1 Class Date: (month/day/yr) ____/____/____ Location: (city, state) _____, _____

Student Name(s): _____

Company: _____ Email: _____

Address: _____ City, State, Zip: _____

Phone #: _____ Fax #: _____ #4871

Indicate Payment Method: (please check) **Are you a CRSC/NSC Member? Yes** _____ **or No** _____ **if Yes provide member #** _____

Check Enclosed _____ Please Invoice _____ Visa _____ Mastercard _____ American Express _____ Discover _____

Card # _____ CID # _____ Exp. Date: _____ Name on Card: _____

You can mail this form to:

Chesapeake Region Safety Council - 2555 Lord Baltimore Drive, Suites N-R, Baltimore, MD 21244
Call to register: 800-875-4770 Fax: 410-281-1350 Register online at www.chesapeakeesc.org
Make checks payable to: Chesapeake Region Safety Council