



## How to Earn Construction and General Industry Certificates:

- 1) Participants need to **complete a total of seven courses**, comprised of **three required courses** and **four elective courses** for a **minimum total of 68 contact hours**. All required and elective courses are listed below.
- 2) Courses taken at different OTI Education Centers are transferable and can count towards the certificate program.
- 3) Once training requirements are completed, fill out the application found on the MAOTIEC Website - [www.oshamidatlantic.org](http://www.oshamidatlantic.org). When you submit your application, a \$95 processing fee is required. You can email your application to [info@oshamidatlantic.org](mailto:info@oshamidatlantic.org) and call in credit card information to Rhani at 1-877-700-6212 or send the application and \$95 processing fee to:

**Rhani Landrus** ([info@oshamidatlantic.org](mailto:info@oshamidatlantic.org))

Mid-Atlantic OTI Education Center  
2555 Lord Baltimore Drive, Suite N-R  
Baltimore, MD 21244

**Checks payable to:** Chesapeake Region Safety Council

<b>Public Sector Safety &amp; Health Fundamentals Certificate Program for Construction</b>	<b>Contact Hours</b>
<b>Required Courses:</b>	
<i>OSHA 510 Occupational Safety &amp; Health Standards for Construction</i>	26
<i>OSHA 7500 Introduction to Safety &amp; Health Management</i>	5.5
<i>OSHA 7505 Introduction to Accident Investigation</i>	7.5
<b>Elective Courses:</b> (please choose one)	
<i>OSHA 7410 Managing Excavation Hazards</i>	6.5
<b>or</b> <i>OSHA 3015 Excavation, Trenching and Soil Mechanics</i>	20
<b>Elective Course:</b>	
<i>OSHA 521 - OSHA Guide to Industrial Hygiene</i>	26
<b>Elective Course:</b>	
<i>OSHA 2255 - Principles of Ergonomics</i>	18
<b>Elective Course:</b>	
<i>OSHA 2264 Permit-Required Confined Space Standard</i>	20
<b>Elective Courses:</b> (please choose one)	
<i>OSHA 7405 Fall Hazard Awareness for Construction</i>	5
<b>or</b> <i>OSHA 3115 Fall Protection</i>	18
<b>Elective Course:</b>	
<i>OSHA 3095 Electrical Standards and an Overview of 2018 NFPA 70E</i>	26
<b>Elective Course:</b>	
<i>OSHA 7105 Evacuation &amp; Emergency Planning</i>	4
<b>Elective Course:</b>	
<i>OSHA 7110 Safe Bolting; Principles &amp; Practices</i>	7
<b>Elective Course:</b>	
<i>OSHA 7205 Health Hazard Awareness</i>	6
<b>Elective Course:</b>	
<i>OSHA 7400 Noise in the Construction Industry</i>	5.5
<b>Elective Course:</b>	
<i>OSHA 7845 Recordkeeping Rule Seminar</i>	4

<b>Public Sector Safety &amp; Health Fundamentals Certificate Program for General Industry</b>	<b>Contact Hours</b>
<b>Required Courses:</b>	
<i>OSHA 511 Occupational Safety &amp; Health Standards for General Industry</i>	26
<i>OSHA 7500 Introduction to Safety &amp; Health Management</i>	5.5
<i>OSHA 7505 Introduction to Accident Investigation</i>	7.5
<b>Elective Courses:</b> (please choose one)	
<i>OSHA 7300 OSHA's Permit-Required Confined Space Entry</i>	7
<b>or</b> <i>OSHA 2264 Permit-Required Confined Space Standard</i>	20
<b>Elective Course:</b>	
<i>OSHA 521 - OSHA Guide to Industrial Hygiene</i>	26
<b>Elective Course:</b>	
<i>OSHA 2255 - Principles of Ergonomics</i>	18
<b>Elective Course:</b>	
<i>OSHA 3095 Electrical Standards and an Overview of 2018 NFPA 70E</i>	26
<b>Elective Course:</b>	
<i>OSHA 7000 OSHA Training Guidelines for Safe Patient Handling</i>	7.5
<b>Elective Course:</b>	
<i>OSHA 7005 Public Warehousing &amp; Storage</i>	7
<b>Elective Course:</b>	
<i>OSHA 7100 Intro to Machinery &amp; Machine Safeguarding</i>	4
<b>or</b> <i>OSHA 2045 Machinery and Machine Guarding</i>	26
<b>Elective Course:</b>	
<i>OSHA 7105 Evacuation &amp; Emergency Planning</i>	4
<b>Elective Course:</b>	
<i>OSHA 7845 Recordkeeping Rule Seminar</i>	4
<b>Elective Course:</b>	
<i>OSHA 7115 Lockout/Tagout</i>	7.5
<b>Elective Course:</b>	
<i>OSHA 7205 Health Hazard Awareness</i>	6
<b>Elective Course:</b>	
<i>OSHA 7210 Pandemic Influenza Preparedness</i>	5.5
<b>Elective Course:</b>	
<i>OSHA 7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities</i>	7