



2018 Safety Training Schedule
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Jan 2-5	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Northern Virginia ABC-VA Training Facility - Dulles, VA
Jan 3	Back Safety Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD
Jan 3-5	First Aid, CPR & AED Instructor Training	Chesapeake Region Safety Council, Baltimore, MD
Jan 4	Reasonable Suspicion for Supervisors Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD
Jan 4-5	Confined Space Train the Trainer for Construction	Chesapeake Region Safety Council, Baltimore, MD
Jan 5	OSHA 7845 Recordkeeping Rule Seminar	Chesapeake Region Safety Council, Baltimore, MD
Jan 8	Bloodborne & Airborne Pathogens Train the Trainer Course	Chesapeake Region Safety Council, Baltimore, MD
Jan 9	 Walking Working Surfaces and Personal Fall Protection Systems – OSHA's NEW Final Rule	Chesapeake Region Safety Council, Baltimore, MD
Jan 8-10	OSHA 503 Update for General Industry Outreach Trainers	Chesapeake Region Safety Council, Baltimore, MD
Jan 8-11	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	Chesapeake College, Wye Mills, MD
Jan 8-11	OSHA 500 - Trainer Course in OSHA Standards for Construction	ABC-VA Training Facility - Richmond, VA
Jan 10	Silica - Competent Person Train the Trainer Course	Chesapeake Region Safety Council, Baltimore, MD
Jan 10-11	Risk Management Part I – Risk Management – What it is and How it Works	Carroll Community College, Westminster, MD
Jan 11	Transition from HazCom to GHS Train the Trainer plus Workshop	Chesapeake Region Safety Council, Baltimore, MD
Jan 11	First Aid CPR Certification	Chesapeake Region Safety Council, Baltimore, MD
January 12	FREE OSHA 7005 - Public Warehousing and Storage FREE	Chesapeake Region Safety Council, Baltimore, MD
January 12	Attitudinal Dynamics of Driving	Chesapeake Region Safety Council, Baltimore, MD
Jan 16-19	OSHA 500 - Trainer Course in OSHA Standards for Construction	Chesapeake Region Safety Council, Baltimore, MD
Jan 16-19	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Chesapeake Region Safety Council, Baltimore, MD
Jan 17-19	OSHA 502 Update for Construction Industry Outreach Trainers	Northern Virginia ABC-VA Training Facility - Dulles, VA
Jan 17-19	Defensive Driving Course 8/6 Instructors Development Program	Delmarva Power & Light Salisbury, MD
Jan 22-25	OSHA 2225 Respiratory Protection	Chesapeake Region Safety Council, Baltimore, MD
Jan 22-24	OSHA 3115 - Fall Protection	ABC-VA Training Facility - Richmond, VA
Jan 22-25	OSHA 511 - Basic Course for General Industry	ABC-VA Training Facility, Norfolk, VA
Jan 22-25	OSHA 511 - Basic Course for General Industry	Northampton Community College-Fowler Family Southside Center Bethlehem, PA
Jan 22-25	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Roanoke Higher Education Center – Roanoke, VA
Jan 22-26	National Safety Council's Principles of Occupational Safety & Health	Chesapeake Region Safety Council, Baltimore, MD
Jan 25	Fall Protection Train the Trainer	ABC-VA Training Facility - Richmond, VA
Jan 26	Respiratory Protection Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD
Jan 29-30	Rigger & Signal Person Train the Trainer	Northern Virginia ABC-VA Training Facility - Dulles, VA
Jan 29-31	First Aid, CPR & AED Instructor Training	Chesapeake Region Safety Council, Baltimore, MD
Jan 30	Silica - Competent Person Train the Trainer Course	ABC-VA Training Facility - Richmond, VA
Jan 31	National Safety Council's Lift Truck Operator Train-the-Trainer	Northern Virginia ABC-VA Training Facility - Dulles, VA
February 5	Team Safety	Carroll Community College, Westminster, MD
February 5-8	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Chesapeake College, Wye Mills, MD
February 5-9	EM 385-1-1 - Construction Safety Hazard Awareness Course for Contractors	Chesapeake Region Safety Council, Baltimore, MD

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February 5-9	National Safety Council's Fundamentals of Industrial Hygiene	Chesapeake Region Safety Council, Baltimore, MD
February 6	National Safety Council's Incident Investigation	Carroll Community College, Westminster, MD
February 7	National Safety Council's Safety Inspections	Carroll Community College, Westminster, MD
February 8	National Safety Council's Job Safety Analysis	Carroll Community College, Westminster, MD
February 9	National Safety Council's Ergonomics	Carroll Community College, Westminster, MD
February 12-14	OSHA 502 Update for Construction Industry Outreach Trainers	Chesapeake Region Safety Council, Baltimore, MD
February 12-14	OSHA 2264 - Permit Required Confined Space Entry	ABC-VA Training Facility - Richmond, VA
February 12-15	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	ABC-VA Training Facility, Norfolk, VA
February 12-15	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Roanoke Higher Education Center Roanoke, VA
February 12-15	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Community Conference Center, Willow Grove, PA
February 12-16	National Safety Council's Safety Management Techniques	Chesapeake Region Safety Council, Baltimore, MD
Feb 15	Confined Space Train the Trainer	ABC-VA Training Facility - Richmond, VA
Feb 15	FREE OSHA 7500 Introduction to Safety and Health Management	Chesapeake Region Safety Council, Baltimore, MD
Feb 16	First Aid CPR Certification	Chesapeake Region Safety Council, Baltimore, MD
Feb 20-21	Risk Management Part I – Risk Management – What it is and How it Works	Chesapeake Region Safety Council, Baltimore, MD
Feb 20-23	OSHA 500 - Trainer Course in OSHA Standards for Construction	Northern Virginia ABC-VA Training Facility - Dulles, VA
Feb 20-23	OSHA 511 - Basic Course for General Industry	Chesapeake Region Safety Council, Baltimore, MD
Feb 26	National Safety Council's Lift Truck Operator Train-the-Trainer	Chesapeake Region Safety Council, Baltimore, MD
Feb 26	FREE OSHA 7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities	Chesapeake Region Safety Council, Baltimore, MD
Feb 26-28	First Aid, CPR & AED Instructor Training	Northern Virginia ABC-VA Training Facility - Dulles, VA
Feb 27-March 1	OSHA 3115 Fall Protection	Chesapeake Region Safety Council, Baltimore, MD
Feb 28-March 2	Advanced First Aid	Chesapeake Region Safety Council, Baltimore, MD
March 2	Fall Protection Train The Trainer	Chesapeake Region Safety Council, Baltimore, MD
March 5-8	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Chesapeake College, Wye Mills, MD
March 5-7	OSHA 3015 - Excavation, Trenching & Soil Mechanics	Northern Virginia ABC-VA Training Facility - Dulles, VA
March 5-8	OSHA 521 OSHA Guide to Industrial Hygiene	Chesapeake Region Safety Council, Baltimore, MD
March 5-8	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Carroll Community College, Westminster, MD
March 5-8	OSHA 3095 Electrical Standards and NFPA 70E	Chesapeake Region Safety Council, Baltimore, MD
March 8	Excavation, Trenching & Soil Mechanics Train the Trainer	Northern Virginia ABC-VA Training Facility - Dulles, VA
March 9	FREE OSHA 7410 Managing Excavation Hazards	Chesapeake Region Safety Council, Baltimore, MD
March 12-13	Risk Management Part II – Risk Financing – Cost Effective Insurance and Claims Management	Carroll Community College, Westminster, MD
March 12-14	OSHA 502 Update for Construction Industry Outreach Trainers	ABC-VA Training Facility, Norfolk, VA
March 12-15	OSHA 2045 Machinery and Machine Guarding Standards	Chesapeake Region Safety Council, Baltimore, MD
March 12-15	OSHA 511 - Basic Course for General Industry	ABC-VA Training Facility - Richmond, VA
March 12-16	National Safety Council's Principles of Occupational Safety and Health (POSH)	Chesapeake Region Safety Council, Baltimore, MD
March 15	National Safety Council's Lift Truck Operator Train-the-Trainer	ABC-VA Training Facility, Norfolk, VA
March 16	Electrical Safe Work Practices – NFPA70E	Chesapeake Region Safety Council, Baltimore, MD
March 19	First Aid CPR Certification	Chesapeake Region Safety Council, Baltimore, MD
March 19	Self Propelled Elevating Work Platforms Train the Trainer	Alban CAT Baltimore, MD
March 19-23	National Safety Council's Safety Training Methods	Chesapeake Region Safety Council, Baltimore, MD

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March 19-23	EM 385-1-1 - Construction Safety Hazard Awareness Course for Contractors	ABC-VA Training Facility, Norfolk, VA
March 21-23	CHST Prep Course	Chesapeake Region Safety Council, Baltimore, MD
March 26-28	First Aid, CPR & AED Instructor Training	Chesapeake Region Safety Council, Baltimore, MD
March 26-28	OSHA 2264 Permit Required Confined Space Entry	Chesapeake Region Safety Council, Baltimore, MD
March 26-29	OSHA 511 Occupational Safety and Health Standards for General Industry	Roanoke Higher Education Center Roanoke, VA
March 29	Confined Space Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD
March 29	FREE OSHA 7000 Safe Patient Handling	Chesapeake Region Safety Council, Baltimore, MD
April 3	FREE OSHA 7505 Introduction to Incident (Accident) Investigation FREE	Chesapeake Region Safety Council, Baltimore, MD
April 3-5	OSHA 3115 - Fall Protection	Northern Virginia ABC-VA Training Facility - Dulles, VA
April 3-6	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Chesapeake Region Safety Council, Baltimore, MD
April 4-5	Risk Management Part II – Risk Financing – Cost Effective Insurance and Claims Management	Chesapeake Region Safety Council, Baltimore, MD
April 6	Fall Protection Train the Trainer	Northern Virginia ABC-VA Training Facility - Dulles, VA
April 9-12	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Carroll Community College, Westminster, MD
April 9-12	OSHA 511 - Basic Course for General Industry	Northern Virginia ABC-VA Training Facility - Dulles, VA
April 9-12	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	Chesapeake Region Safety Council, Baltimore, MD
April 9-11	OSHA 3015 Excavation, Trenching, and Soil Mechanics	Chesapeake College, Wye Mills, MD
April 9	National Safety Council's Team Safety	Chesapeake Region Safety Council, Baltimore, MD
April 10	National Safety Council's Incident Investigation	Chesapeake Region Safety Council, Baltimore, MD
April 11	National Safety Council's Safety Inspections	Chesapeake Region Safety Council, Baltimore, MD
April 12	National Safety Council's Job Safety Analysis	Chesapeake Region Safety Council, Baltimore, MD
April 12	Excavation, Trenching & Soil Mechanics Train the Trainer	Chesapeake College, Wye Mills, MD
April 13	National Safety Council's Ergonomics	Chesapeake Region Safety Council, Baltimore, MD
April 16	OSHA 7300 Understanding OSHA's Permit-Required Confined Space Standard	Carroll Community College, Westminster, MD
April 16	OSHA 7845 Recordkeeping Rule Seminar	Chesapeake Region Safety Council, Baltimore, MD
April 16-20	National Safety Council's Fundamentals of Industrial Hygiene	Courtyard Marriott - Ocean City, MD
April 16-17	Basic Rigger and Signal Person Train The trainer	Chesapeake Region Safety Council, Baltimore, MD
April 17-19	 OSHA 3085 Principles of Scaffolding	Chesapeake Region Safety Council, Baltimore, MD
April 18-19	Risk Management Part III – Risk Control Measures, Program Management and Return on Investment	Carroll Community College, Westminster, MD
April 18-20	First Aid, CPR & AED Instructor Training	Northern Virginia ABC-VA Training Facility - Dulles, VA
April 20	Scaffold Train The Trainer	Chesapeake Region Safety Council, Baltimore, MD
April 23-25	OSHA 2264 Permit Required Confined Space Entry	Roanoke Higher Education Center Roanoke, VA
April 23-26	OSHA 6005 (formerly OSHA 6000)- Collateral Duty Course for Federal Agencies	Chesapeake Region Safety Council, Baltimore, MD
April 23-26	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	ABC-VA Training Facility - Richmond, VA
April 23-26	OSHA 511 Occupational Safety and Health Standards for General Industry	Howard Johnson Plaza Hotel - Ocean City, MD
April 26	Confined Space Train The Trainer	Roanoke Higher Education Center Roanoke, VA
April 30 – May 2	OSHA 502 Update for Construction Industry Outreach Trainers	Howard Johnson Plaza Hotel - Ocean City, MD
April 30 – May 4	EM 385-1-1 - Construction Safety Hazard Awareness Course for Contractors	Courtyard Marriott - Ocean City, MD

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May 7	FREE OSHA 7405 - Fall Hazard Awareness for Construction Industry	Chesapeake Region Safety Council, Baltimore, MD
May 7	National Safety Council's Safety Inspections	Chesapeake College, Wye Mills, MD
May 7-10	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Chesapeake Region Safety Council, Baltimore, MD
May 7-10	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	Roanoke Higher Education Center Roanoke, VA
May 7-10	OSHA 2225 Respiratory Protections	Carroll Community College, Westminster, MD
May 11	Respiratory Protection Train the Trainer	Carroll Community College, Westminster, MD
May 7-11	Principles of Occupational Safety and Health (POSH)	Courtyard Marriott - Ocean City, MD
May 8	National Safety Council's Incident Investigation	Chesapeake College, Wye Mills, MD
May 9-11	First Aid, CPR & AED Instructor Training	Chesapeake Region Safety Council, Baltimore, MD
May 14-16	OSHA 503 Update for General Industry Outreach Trainers	Howard Johnson Plaza Hotel - Ocean City, MD
May 14-17	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	Northern Virginia ABC-VA Training Facility - Dulles, VA
May 14-18	Safety Management Techniques	Courtyard Marriott - Ocean City, MD
May 16-17	Risk Management Part III – Risk Control Measures, Program Management and the Return on Investment	Chesapeake Region Safety Council, Baltimore, MD
May 18	National Safety Council's Lift Truck Train the Trainer	Chesapeake College, Wye Mills, MD
May 21	OSHA 7100 Introduction to Machinery and Machine Safeguarding	Chesapeake College, Wye Mills, MD
May 21-24	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	Howard Johnson Plaza Hotel - Ocean City, MD
May 21-24	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Northern Virginia ABC-VA Training Facility - Dulles, VA
May 22	OSHA 7115 Lockout/Tagout	Chesapeake College, Wye Mills, MD
May 29- June 1	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	ABC-VA Training Facility - Richmond, VA
June 4-5	Basic Rigger and Signal Person Train The trainer	Chesapeake College, Wye Mills, MD
June 4-6	OSHA 2264 - Permit Required Confined Space Entry	Chesapeake Region Safety Council, Baltimore, MD
June 4-7	OSHA 511 Occupational Safety and Health Standards for General Industry	Carroll Community College, Westminster, MD
June 7	Confined Space Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD
June 11-14	OSHA 3095 Electrical Standards and NFPA 70E	Chesapeake Region Safety Council, Baltimore, MD
June 11-14	OSHA 500 - Trainer Course in OSHA Standards for Construction	ABC-VA Training Facility - Richmond, VA
June 18-22	Safety Training Methods	Chesapeake Region Safety Council, Baltimore, MD
June 19-21	 OSHA 3085 Principles of Scaffolding	Chesapeake Region Safety Council, Baltimore, MD
June 22	Scaffold Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD
June 25	Math Review	Chesapeake Region Safety Council, Baltimore, MD
June 25-27	First Aid, CPR & AED Instructor Training	Chesapeake College, Wye Mills, MD
June 25-27	OSHA 502 Update for Construction Industry Outreach Trainers	Chesapeake Region Safety Council, Baltimore, MD
June 26-28	ASP Prep	Chesapeake Region Safety Council, Baltimore, MD
June 28-29	Basic Rigger and Signal Person Train The trainer	ABC-VA Training Facility - Richmond, VA
July 9-12	OSHA 501 Trainer Course in Occupational Safety and Health Standards for General Industry	Carroll Community College, Westminster, MD
July 16-19	OSHA 510 Occupational Safety and Health Standards for the Construction Industry	Chesapeake College, Wye Mills, MD
July 16-19	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Northern Virginia ABC-VA Training Facility - Dulles, VA

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July 23-25	First Aid, CPR & AED Instructor Training	ABC-VA Training Facility - Richmond, VA
July 26	National Safety Council's Lift Truck Operator Train-the-Trainer	ABC-VA Training Facility - Richmond, VA
July 30 – August 1	OSHA 2264 - Permit Required Confined Space Entry	Northern Virginia ABC-VA Training Facility - Dulles, VA
August 2	Confined Space Train the Trainer	Northern Virginia ABC-VA Training Facility - Dulles, VA
August 6-8	OSHA 502 Update for Construction Industry Outreach Trainers	ABC-VA Training Facility - Richmond, VA
August 6-9	OSHA 500 Trainer Course in Occupational Safety and Health Standards for the Construction Industry	Chesapeake College, Wye Mills, MD
August 6-9	OSHA 3095 Electrical Standards and NFPA 70E	Roanoke Higher Education Center Roanoke, VA
August 13	FREE OSHA 7500 Introduction to Safety and Health Management	Chesapeake Region Safety Council, Baltimore, MD
August 21-24	OSHA 521 OSHA Guide to Industrial Hygiene	Carroll Community College, Westminster, MD
September 25-27	 OSHA 3085 Principles of Scaffolding	Chesapeake Region Safety Council, Baltimore, MD
September 28	Scaffold Train the Trainer	Chesapeake Region Safety Council, Baltimore, MD

Address & Locations

- ABC Central Pennsylvania Chapter ABC Central PA, 898 N. Eagle Valley Road Milesburg, PA 16853
- ABC-VA Training Facility - Richmond, VA 1520 E Parham Rd Richmond, VA 23228
- Alban CAT - 1201 Severn Way Sterling, VA 20166
- Alban CAT 8531 Pulaski Highway Baltimore, MD 21237
- Carroll Community College, Westminster, MD - 1601 Washington Rd., Westminster, MD, 21157
- Chesapeake College, Wye Mills - Route 50 & 213 Wye Mills, MD 21679
- Chesapeake Region Safety Council– 2555 Lord Baltimore Drive, Suite N-R, Baltimore, MD 21244
- Community Conference Center [Giant Food Store] 315 York Road, Willow Grove, PA 19090
- Courtyard Marriott - Ocean City, MD - 2 15th Street, Ocean City, MD 21842
- Delmarva Power & Light 2530 N Salisbury Blvd, Salisbury, MD 21801
- Early, Cassidy and Schilling - 15200 Omega Drive, Suite 100 - Rockville, MD 20850
- Embassy Suites Williamsburg - 3006 Mooretown Rd., Williamsburg, VA 23185
- Hampton Roads/Norfolk ABC-VA Training Facility 5505 Robin Hood Road, Ste. D, Norfolk, VA 23513
- Howard Johnson Plaza Hotel - 1109 Atlantic Ave. Ocean City, MD 21842
- Independent Electrical Contractors, 8751 Freestate Dr, Laurel, MD 20723
- Industrial Safety & Equipment Training Academy - 201 Hummel Ross Road Hopewell, VA 23860
- Johns Hopkins Applied Physics Lab Kossiakoff Conference Center 11100 Johns Hopkins Road Laurel, MD 20723
- Millersville University - The Ware Center, 42 N. Prince Street, Lancaster PA 17603
- Northampton Community College-Fowler Family Southside Center 511 East Third Street Bethlehem, PA 18015
- Northern Virginia ABC-VA Training Facility - Dulles, VA 42680 Trade West Drive, Dulles, VA 20166
- Roanoke Higher Education Center – 108 N. Jefferson Street Roanoke, VA 24016

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